## Hello. I'm Nusrat Ahmed.

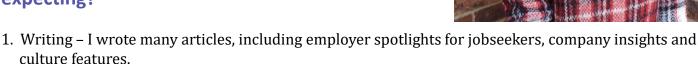
**EDSI Intern** 

Nusrat is a Performance Analyst/Human Services Intern with EDSI. Here she shares her background and what she is learning while interning at EDSI.

### 1. What were your top three favorite aspects to your internship with EDSI?

- 1. The intern check in-meetings. They were fun and engaging. Someone would always crack a joke.
- 2. Working on an article we wrote together and collaborating with other interns.
- 3. The coffee runs. My mentor Anthony loved coffee runs.

# 2. What skills did you learn that you weren't expecting?



- 2. Launching new projects and thinking up content for articles.
- 3. Collaborating with other staff on digital program outreach.

### 3. Name a funny moment that you had with your mentor or team.

It was requested that a fellow intern and I make a TikTok account for the office. We tried to include as many other staff members as possible on the TikTok and the videos got a lot of views. Anthony was featured in one of them and he usually waves energetically, but on the TikTok, he changed and waved so conservatively and shyly. We asked him, "What are you doing? Be yourself!" We were all laughing.

### 4. What would you suggest to future EDSI Interns?

Don't be afraid to speak up and take initiative. There will be times when the office is busy and you will need to step out of your comfort zone and offer help. Don't be afraid to ask questions of other interns or staff. They are always happy to help you. You are there to learn, and the team is there to support you every step of the way.



